

kosuri satya srilekhya

Nutritionist



Personal Info

 srilu32966@gmail.com

Education

- Masters in Food ,Nutrition and Dietetics (8.67)
Andhra University
Jul 2017 - May 2019

Skills

Nutrition counselling - Expert

Meal planning - Expert

Dietetics - Expert

Health promotion - Expert

Food science

Dietary assessment - Expert

Creativity - Expert

Summary

Experienced Nutritionist with 1.5 years in nutrition counseling, meal planning and public health. Proven ability to help clients reach health goals through tailored diet plans.

Work Experience

Dietitian, Dr.mohans diabetic center, Chennai and Kakinada

February 2020 - December 2021

- ◆ Helped many patients in the management of diabetes
- ◆ Developed and implemented nutrition-based educational materials to promote healthy dietary habits among diabetic patients.
- ◆ Created and administered surveys to evaluate the effectiveness of nutrition-based community programs.

Lecturer in nutrition , ideal degree college , kakinada

August 2023 - Present

- ◆ Assisted many students in conducting and attending nutrition-based seminars and workshops to educate the public on healthy eating habits.
- ◆ Assisted in the development of new recipies which helps the public in choosing healthy options rather than processed foods.